



ADULTS CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BALLET 8:00-8:55				BARRE 8:00-8:55	
	BARRE 9:00-9:55	BODY PUMP LES MILLS 9:00-9:55			BODY PUMP LES MILLS 9:00-9:45
					BODY COMBAT LES MILLS 9:45-10:30
	BODY BALANCE LES MILLS 12:30-13:25		BODY COMBAT LES MILLS 12:00-12:45	STREET DANCE 12:00-12:55	BROADWAY JAZZ 10:30-11:15
		BALLET 13:00-13:55		BODY BALANCE LES MILLS 13:00-13:55	BARRE 11:15-12:00
BALLROOM BEATS 17:45-18:40			MUSICALS WORKOUT 17:45-18:40		
DANCE WORKOUT 18:45-19:40	ZUMBA 18:45-19:40	BODY BALANCE LES MILLS 18:45-19:40	BODY PUMP LES MILLS 18:45-19:40		
PILATES 18:45-19:40	TAP (BEGINNER/ INTER.) 18:45-19:40	BROADWAY JAZZ 18:45-19:40			
STREET DANCE 19:45-20:40	LYRICAL JAZZ/ CONTEMP. 19:45-20:40		VINYASA YOGA 19:45-20:40		
VINYASA YOGA 19:45-20:40	TAP (INTER./ADVANCED) 19:45-20:40				

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